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Elite Self-Defense, Beyond What Any Self-Defense ...

Elite Self-Defense Academy is the community leader in martial arts for children, men and women. We teach cutting edge classes in Self-Defense. The goal of our self-defense classes is to survive an attack, not to stay and fight with attackers.

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[01/13/18] Elite self defense juniors working out very hard. #elite #self #defense #livermore #fitness [01/13/18] two of our adult students doing a wrist throw in our Fun and exciting jujitsu class.

Elite Self-Defense Academy, 2247 2nd St, Livermore, CA (2020)

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